



TOLL-FREE NUMBERS FOR HEALTH INFORMATION

These selected toll-free numbers for organizations provide health-related information, education, and support. These organizations do NOT diagnose or recommend treatment for any disease. Some of the organizations use recorded messages; others provide personalized counseling and referrals. Most offer educational materials; some charge handling fees.

Organizations that provide crisis assistance are listed under the heading, *Crisis Intervention*. The *Rare Disorders* category includes diseases and disorders that affect less than 1 percent of the population at any given time. Groups in the *Professional Organizations* section offer consumer information.

Unless otherwise stated, numbers listed are eastern standard time and can be reached within the continental United States 24 hours a day, 7 days a week.

Inclusion of an information source in this publication does not imply endorsement by the U.S. Department of Health and Human Services.

This information is in the public domain. Duplication is encouraged.

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ADOPTION

Bethany Christian Services

(800)238-4269
24-hour crisis hotline

National Adoption Center

(800)TO-ADOPT
9 a.m.-5 p.m.

AGING

American Health Assistance Foundation

(800)437-2423
9 a.m.-5 p.m.

Eldercare Locator

(800)677-1116
9 a.m.-8 p.m.

National Institute on Aging Information Center

(800)222-2225, (800)222-4225 (TTY)
8:30 a.m.-5 p.m.

AIDS/HIV

AIDS Clinical Trials Information Service

(800)874-2572
9 a.m.-7 p.m.

CDC National HIV/AIDS Hotline

(800)342-2437 (English) (24 hours)
(800)344-7432 (Spanish) (8 a.m.-2 a.m.,
7 days)
(800)243-7889 (TTY)
10 a.m.-10 p.m. (M-F)

CDC National Prevention Information Network (NPIN)

(800)458-5231; (800)243-7012 (TTY)
(888)282-7681 (Fax)
info@cdcnpac.org (E-Mail)
9 a.m.-6 p.m.

HIV/AIDS Treatment Information Service

(800)HIV-0440
9 a.m.-7 p.m. All calls are confidential.

Project Inform National HIV/AIDS Treatment Hotline

(800)822-7422
9 a.m.-5 p.m. (Pacific) Monday-Friday
10 a.m. - 4:00 p.m. (Pacific) Saturday

ALCOHOL ABUSE

See also DRUG ABUSE

ADCARE Hospital Helpline

(800)ALCOHOL (24 hours)

Al-Anon Family Group Headquarters

(800)356-9996
8 a.m.-6 p.m.

Alcohol and Drug Helpline

(800)821-4357 (24 hours)

American Council on Alcoholism

(800)527-5344
9 a.m.-5 p.m.

Calix Society

(800)398-0524
9 a.m.-12 p.m. (answering machine at other
times)

Children of Alcoholics Foundation

(800)359-COAF (359-2623) (24 hours)

National Clearinghouse for Alcohol and Drug Information

(800)729-6686; (800)487-4889 (TTY/TDD)
8:30 a.m.-6 p.m.

National Council on Alcoholism and Drug Dependence, Inc.

(800)622-2255
9 a.m.-5 p.m.

ALLERGY/ASTHMA

See LUNG DISEASE/ASTHMA/ALLERGY

The Food Allergy Network

(800)929-4040
9 a.m.-5 p.m.

ALZHEIMER'S DISEASE

See also AGING

Alzheimer's Association

(800)272-3900
The information and referral line is available
24 hours; operators staff the line 8 a.m.-5 p.m.
(Central).
Leave message after hours.

Alzheimer's Disease Education and Referral Center

(800)438-4380
adear@alzheimers.org (E-mail)
8:30 a.m.-5 p.m.

ARTHRITIS

American Juvenile Arthritis Organization

(800)283-7800
8 a.m.-5 p.m.

Arthritis Foundation Information Line

(800)283-7800
8 a.m.-5 p.m.

Lyme Disease Foundation, Inc.

(800)886-5963 (24 hours)

AUDIOVISUALS

See LIBRARY SERVICES

AUTISM

See CHILD DEVELOPMENT/PARENTING

AUTOIMMUNE DISEASES

American Autoimmune Related Diseases Association, Inc.

(800)598-4668

BONE MARROW

See CANCER

BONE DISEASE

Osteoporosis and Related Bone Diseases National Resource Center

(800)624-BONE [(800)624-2663]

BRAIN TUMORS

American Brain Tumor Association

(800)886-2282
9 a.m.-5 p.m. (Central)

The Brain Tumor Society

(800)770-TBTS
8:30 a.m.-5:30 p.m.

National Brain Tumor Foundation

(800)934-CURE
9 a.m.-5 p.m. (Pacific)

CANCER

ACS, National Cancer Information Center

(800)227-2345 (Voice/TDD/TT)

American Cancer Society Reach to Recovery Program

(800)227-2345

Cancer Hope Network

(877)HOPENET
9 a.m.-5:30 p.m.

Candlelighters Childhood Cancer Foundation

(800)366-2223
10 a.m.-4 p.m.

Kidney Cancer Association

(800)850-9132
9 a.m.-5:30 p.m. (Central)

Komen Breast Cancer Foundation

(800)462-9273
9 a.m.-4:30 p.m. (Central)

National Alliance of Breast Cancer Organizations

(888)806-2226

National Bone Marrow Transplant Link

(800)546-5268

National Cancer Institute Information Service

(800)422-6237
9 a.m.-4:30 p.m.

National Marrow Donor Program®

(800)654-1247
Professional staff answer questions from
8 a.m.-6 p.m. (Central); recorded message at
all other times.

Us Too International

(800)808-7866
8:30 a.m.-5 p.m. (Central)

Y-Me National Organization for Breast Cancer Information

(800)221-2141 (English)
(800)986-9505 (Spanish)
9 a.m.-5 p.m. (Central) Office hours
24-hour hotline

CEREBRAL PALSY

See *RARE DISORDERS*

CHEMICAL PRODUCTS/ PESTICIDES

See also *HOUSING*

Chemtrec Non-Emergency Services Hotline

(800)262-8200
8:30 a.m.-5 p.m.

National Pesticide Telecommunications Network

(800)858-7378-TDD capability
6:30 a.m.-4:30 p.m. (Pacific)
Voice mail provided for off-hours calls.

CHILD ABUSE/MISSING CHILDREN/MENTAL HEALTH

Child Find of America, Inc.

(800)426-5678 (I-AM-LOST)
(800)292-9688 (Parental abduction)
9 a.m.-5 p.m.

CHILDHELP USA®

National Child Abuse Hotline
(800)4-A-CHILD; (800)2-A-CHILD (TDD)

Covenant House Nineline

(800)999-9999

Girls and Boys Town National Hotline

(800)448-3000; (800)448-1833 (TDD)
Spanish-speaking operators available;
TDD capability.

National Center for Missing and Exploited Children

(800)843-5678; (800)826-7653 (TDD)
Ability to serve callers in over 140 languages.

National Childwatch

(800)222-1464
8 a.m.-4:30 p.m.

National Clearinghouse on Child Abuse and Neglect Information

(800)394-3366
nccanch@calibcom (E-mail)

National Runaway Switchboard

(800)621-4000; (800)621-0394 (TDD)
Has access to AT&T Language Line

National Youth Crisis Hotline

(800)448-4663

CHILD DEVELOPMENT/ PARENTING

Birth Defect Research for Children

(800)313-2232

The MAGIC Foundation for Children's Growth

(800)362-4423
9 a.m.-5 p.m. (Central)

National Association for the Education of Young Children

(800)424-2460
9 a.m.-5 p.m.

National Lekotek Center

(800)366-7529
(800)573-4446 (Voice and TTY)
9 a.m.-5 p.m. (Central)

National Organization on Fetal Alcohol Syndrome

(800)666-6327

Pediatric Projects, Inc.

(800)947-0947

SIDS Information Line

(800)505-2742
8 a.m.-8 p.m.

Starlight Children's Foundation

(800)274-7827
9 a.m.-5 p.m. (Pacific)

Zero to Three: National Center for Infants, Toddlers and Families

(800)899-4301
9 a.m.-5 p.m.

CRISIS INTERVENTION

All operate 24 hours.

A-WAY-OUT

(800)292-9688

Provides unique crisis mediation program for parents contemplating abduction of their children, or who have already abducted their children and want to use Child Find Volunteer Family Mediators to resolve their custody dispute.

CHILDHELP USA®

National Child Abuse Hotline
(800)4-A-CHILD
(800)2-A-CHILD (TDD)

Provides multilingual crisis intervention and professional counseling on child abuse and domestic violence issues. Gives referrals to local agencies offering counseling and other services related to child abuse, adult survivor issues, and domestic violence. Provides literature on child abuse in English and Spanish.

Covenant House Nineline

(800)999-9999

Crisis line for youth, teens, and families. Locally based referrals throughout the United States. Help for youth and parents regarding drugs, abuse, homelessness, runaway children, and message relays.

Girls and Boys Town National Hotline

(800)448-3000
(800)448-1833 (TDD)

Provides short-term intervention and counseling and refers callers to local community resources. Counsels on parent-child conflicts, family issues, suicide, pregnancy, runaway youth, physical and sexual abuse, and other issues that impact children and families. Spanish-speaking operators are available. TDD capability.

National Center for Missing and Exploited Children

(800)843-5678
(800)826-7653 (TDD)

Operates a hotline for reporting missing children and sightings of missing children. Offers assistance and training to law enforcement agents. Takes reports of sexually exploited children. Serves as the National Child Porn TipLine. Provides books and other publications on prevention and issues related to missing and sexually exploited children. Ability to serve callers in over 140 languages.

National Runaway Switchboard

(800)621-4000
(800)621-0394 (TDD)

Provides crisis intervention and travel assistance information to runaways. Gives referrals to shelters nationwide. Also relays messages to, or sets up conference calls with, parents at the request of the child. Has access to AT&T Language Line.

National Youth Crisis Hotline

(800)448-4663

Provides counseling and referrals to local drug treatment centers, shelters, and counseling services. Responds to youth dealing with pregnancy, molestation, suicide, and child abuse.

Rape, Abuse, and Incest National (RAIN) Network

(800)656-4673

Connects caller to the nearest counseling center which provides counseling for rape, abuse, and incest victims.

CYSTIC FIBROSIS

See *RARE DISORDERS*

DIABETES/DIGESTIVE DISEASES

American Association of Diabetes Educators

(800)832-6874

American Diabetes Association

(800)232-3472
(800)ADA-ORDER (Fax, Order Fulfillment)
8:30 a.m.-5 p.m.

Crohn's and Colitis Foundation of America, Inc.

(800)932-2423
(800)343-3637 (Warehouse)
9 a.m.-5 p.m. Recording after hours.
Warehouse is open 8 a.m.-5 p.m.

Juvenile Diabetes Foundation International Hotline

(800)223-1138
9 a.m.-5 p.m.

National Center for Chronic Disease Prevention and Health Promotion, CDC

(877)CDC-DIAB; (877)232-3422
8 a.m.-5 p.m.

DISABLING CONDITIONS/ DISABILITIES ACCESS

ADA Technical Assistance Hotline

(800)466-4232
9 a.m.-5 p.m. (Pacific)

Americans with Disabilities Act Hotline

(800)514-1301
(800)514-0308 (TTY)
ADA specialists available 10 a.m.-6 p.m. on Monday, Tuesday, Wednesday, and Friday and 1 p.m.-6 p.m. on Thursday

Children's Craniofacial Association

(800)535-3543

FACES: The National Craniofacial Association

(800)332-2373
9 a.m.-5 p.m.

Families of Spinal Muscular Atrophy

(800)886-1762

Job Accommodation Network

(800)232-9675 (Voice/TDD)
(800)526-7234 (Voice/TDD)
(800)526-2262 (in Canada)
Services available in English, Spanish, and French.
8 a.m.-8 p.m., Monday-Thursday;
8 a.m.-7 p.m., Friday

National Easter Seal Society

(800)221-6827
8:30 a.m.-5 p.m. (Central)

National Information Center for Children and Youth with Disabilities

(800)695-0285 (Voice/TTY)
nichcy@aecd.org
9:30 a.m.-6:30 p.m., or leave recorded message after hours.

National Rehabilitation Information Center (NARIC)

(800)346-2742 (Voice/TDD)
9 a.m.-5 p.m.

Scoliosis Association

(800)800-0669
1 p.m.-5:30 p.m.

DOWN SYNDROME

See *RARE DISORDERS*

DRINKING WATER SAFETY

Safe Drinking Water Hotline

(800)426-4791
sdwa@epa.gov (E-mail)
Information provided in English and Spanish.
9 a.m.-5:30 p.m., weekdays, except Federal holidays.

Water Quality Association

(800)749-0234 (Consumer Information)

DRUG ABUSE

See also *ALCOHOL ABUSE* and *SUBSTANCE ABUSE*

Drug Help

(800)378-4435

Housing and Urban Development Drug Information and Strategy Clearinghouse

(800)955-2232
9 a.m.-6 p.m.

National Parents Resource Institute for Drug Education Surveys

(800)279-6361
8:30 a.m.-4:30 p.m.

DWARFISM

Human Growth Foundation

(800)451-6434
9 a.m.-5 p.m.

DYSLEXIA

See *LEARNING DISORDERS*

ENDOMETRIOSIS

See *WOMEN*

ENVIRONMENT

Indoor Air Quality Information Clearinghouse

(800)438-4318
9 a.m.-5 p.m.

U.S. Environmental Protection Agency, Environmental Justice

(800)962-6215
8 a.m. to 5:30 p.m.

EPILEPSY

See *RARE DISORDERS*

ETHICS

Joseph and Rose Kennedy Institute of Ethics, National Reference Center for Bioethics Literature

(800)633-3849
medethx@georgetown.edu (E-mail)
9 a.m.-5 p.m., Monday, Wednesday, Thursday, Friday (academic year only); 9 a.m.-8 p.m., Tuesday; 10 a.m.-3 p.m., Saturday, except summers and holidays. 9 a.m.-5 p.m. during the summer.

FIRE PREVENTION

National Fire Protection Association

(800)344-3555 (Customer Service)
7:30 a.m.–8 p.m.

FITNESS

Aerobics and Fitness Foundation of America

(800)446-2322 (For Professionals)
(800)968-7263 (Consumer Hotline)
7:00 a.m.–3:00 p.m. (Pacific)

American Running and Fitness Association

(800)776-2732
9 a.m.–5 p.m.

Consumer Fitness Hotline

(800)529-8227 (Recording)
8 a.m. 5 p.m. (Pacific)

The Weight Control Information Network, NIDDK

(800)WIN-8098 (Recording)

TOPS Club, Inc.

(800)932-8677
8 a.m.–4:30 p.m. (Central)

YMCA of the USA

(800)872-9622
8:30 a.m.–5 p.m. (Central)

FOOD SAFETY

Center for Food Safety

(888)SAFEFOOD
12 p.m.–4 p.m.

GENERAL HEALTH

Agency for Healthcare Research and Quality Clearinghouse

(800)358-9295
8 a.m.–5 p.m.

Air Lifeline

(800)446-1231
7:30 a.m.–4:30 p.m. (Pacific)

American Chiropractic Association

(800)986-4636
8:30 a.m.–5:30 p.m.

American Podiatric Medical Association, Inc.

(800)366-8227 (Recording)

American Osteopathic Association

(800)621-1773
8:30 a.m.–4:30 p.m. (Central)

MedicAlert Foundation

(800)432-5378; (800)344-3226

Mercy Medical Airlift

(800)296-1191 (Recording)
9 a.m.–5 p.m.

National Center for Complementary and Alternative Medicine Clearinghouse

(888)644-6226 (Voice, TTY, and faxback)
8:30 a.m. to 5 p.m.

National Health Information Center

(800)336-4797
nhicinfo@health.org (E-Mail)
9 a.m.–5 p.m.

National Health Service Corps

(800)221-9393 (Recruitment/Loans)
(800)638-0824 (Medical Scholarship Programs)
8:30 a.m.–5 p.m. (Central)

Office for Civil Rights

(800)368-1019 (Recording)
(800)527-7697 (TDD)

Office of Consumer Affairs, FDA

(800)332-1088 (Medwatch)

People's Medical Society

(800)624-8773
8:30 a.m.–5 p.m.

Well Spouse Foundation

(800)838-0879
9 a.m.–5 p.m., T, W, Th
(24-hour recording)

HEADACHE/HEAD INJURY

American Council for Headache Education

(800)255-ACHE

Brain Injury Association, Inc.

(800)444-6443 (Family Helpline)
9 a.m.–5 p.m.

National Headache Foundation

(888)NHF-5552
9 a.m.–5p.m. (Central)

HEARING AND SPEECH

American Society for Deaf Children

(800)942-2732

American Speech-Language-Hearing Association

(800)638-8255
8:30 a.m.–5 p.m.

DB-Link

(National Information Clearinghouse on Children Who Are Deaf-Blind)
(800)438-9376
(800)854-7013 (TTY)
9 a.m.–5 p.m.

Deafness Research Foundation

(800)535-3323
9 a.m.–5:30 p.m.

Dial A Hearing Screening Test

(800)222-3277 (Voice/TDD)
9 a.m.–5 p.m.

The Ear Foundation at Baptist Hospital

(800)545-4327
8:30 a.m.–4:30 p.m. (Central), or leave recorded message after hours.

Hear Now

(800)648-4327 (Voice/TDD)
9 a.m.–4 p.m. (Mountain)

John Tracy Clinic

(800)522-4582 (Voice/TTY)
8 a.m.–4 p.m. (Pacific)
Leave recorded message after hours.

International Hearing Society

(800)521-5247 (Recording)
10 a.m.–4 p.m.

LEAD LINE

(800)352-8888 (Voice/TDD in the U.S.)
(800)287-4763
blincoln@hci.org (E-Mail)
8 a.m.–5 p.m. (Pacific), or leave recorded message after hours.

National Family Association for Deaf-Blind

(800)255-0411, ext. 275
9 a.m.–5 p.m.

National Institute on Deafness and Other Communication Disorders Information Clearinghouse

(800)241-1044; (800)241-1055 (TT)
8:30 a.m.–5 p.m.

Vestibular Disorders Association

(800)837-8428

HEART DISEASE

American Heart Association

(800)242-8721
6 a.m.–12 p.m.

Heart Information Service

(800)292-2221
7 a.m.–6 p.m. (Central), or leave a recorded message after hours.

National Heart, Lung, and Blood Institute Information Center

(800)575-9355 (High Blood Pressure and Cholesterol Info. Hotline)
24-hour recording of information on high blood pressure and high blood cholesterol in English and Spanish.

HISTIOCYTOSIS

See *RARE DISORDERS*

HOMELESSNESS

National Resource Center on Homelessness and Mental Illness

(800)444-7415
8:30 a.m.–5 p.m.

HORMONAL DISORDERS

Thyroid Foundation of America, Inc.

(800)832-8321
8:30 a.m.–4 p.m.

The Thyroid Society for Education and Research

(800)849-7643
8 a.m.–4 p.m. (Central)

HOSPITAL/HOSPICE CARE

Children's Hospice International

(800)242-4453
9:00 a.m.–5 p.m.

Hill-Burton Hospital Free Care

(800)638-0742; (800)492-0359 (in MD)
9:30 a.m.–5:30 p.m., or leave a recorded message after hours.

National Association of Hospitality Houses, Inc.

(800)542-9730
9 a.m.–5 p.m.

National Hospice Organization

(800)658-8898
9 a.m.–5 p.m.

Shriners Hospital Referral Line

(800)237-5055
8 a.m.–5 p.m. (Central)

HOUSING

See also *CHEMICAL PRODUCTS/PESTICIDES* and *LEAD*

Housing and Urban Development User

(800)245-2691; (800)483-2209 (TDD)
8:30 a.m.–5:15 p.m.

HUNTINGTON'S DISEASE

See *RARE DISORDERS*

IMMUNIZATION

CDC Immunization Hotline

(800)232-7468 (24-hour recording)
8 a.m.–11 p.m.

IMPOTENCE

Impotence Information Center

(800)843-4315; (800)543-9632
8:30 a.m.–5 p.m. (Central), or leave a recorded message after hours.

INSURANCE/MEDICARE/MEDICAID

DHHS Inspector General's Hotline

(800)447-8477
8 a.m.–5 p.m.

Health Insurance Association of America Consumer Helpline

(800)942-4242
7 a.m.–7 p.m. (Mountain)

Medicare Issues Hotline

(800)638-6833; (800)820-1202 (TDD/TTY)
8 a.m.–8 p.m. (Central)

Pension Benefit Guaranty Corporation

(800)400-7242
8 a.m.–5 p.m.

Social Security Administration

(800)772-1213
7 a.m.–7 p.m.

JUSTICE

National Criminal Justice Reference Service (NCJRS)

(800)851-3420
8:30 a.m.–7 p.m. Leave recorded message after hours.

KIDNEY DISEASE

See *UROLOGICAL DISORDERS*

LEAD

See also *HOUSING*

National Lead Information Center

(800)532-3394 (Hotline)
(800)424-5323 (Clearinghouse)
nlic@optimus.corp.com (E-mail)
8:30 a.m.–6 p.m.

LEARNING DISORDERS

Children and Adults with Attention Deficit Disorders (CH.A.D.D.)

(800)233-4050
8:30 a.m.–5 p.m.

The Orton Dyslexia Society

(800)222-3123 (Recording and mail box)

LIBRARY SERVICES

Captioned Media Program, The National Association of the Deaf

(800)237-6213
(800)237-6819 (TTY)
(800)538-5636 (Fax)
8:30 a.m.–5 p.m.

National Library Service for the Blind and Physically Handicapped

(800)424-8567
8 a.m.–4:30 p.m.

Recording for the Blind and Dyslexic

(800)221-4792
8:30 a.m.–4:30 p.m.

LIVER DISEASES

American Liver Foundation

(800)223-0179
9 a.m.–5 p.m.

Hepatitis Foundation International

(800)891-0707
8:30 a.m.–5 p.m.

LUNG DISEASE/ASTHMA/ALLERGY

American Lung Association

(800)586-4872
8:30 a.m.–4:30 p.m.

Asthma and Allergy Foundation of America

(800)7-ASTHMA (727-8462)
7 a.m.–Midnight. Provides recording when not in operation.

Asthma Information Line

(800)822-2762

Lung Line National Jewish Medical and Research Center

(800)222-5864
(800)552-LUNG (LUNG FACTS)
8 a.m.–5 p.m. (Mountain)
LUNG FACTS, a companion to LUNG LINE, is a 24-hour, 7-days-a-week automated information service.

MATERNAL AND INFANT HEALTH

Alliance of Genetic Support Groups

(800)336-4363
9 a.m.–5:30 p.m.

La Leche League International

(800)525-3243
9 a.m.–3 p.m. (Central)

National Fragile X Foundation

(800)688-8765

National Life Center/Pregnancy Hotline

(800)848-5683

Prenatal Care Hotline

(800)311-2229 (English)
(800)504-7081 (Spanish)
8:30 a.m.–5 p.m.

MEDICARE/MEDICAID

See *INSURANCE/MEDICARE/MEDICAID*

MENTAL HEALTH

See also *CHILD ABUSE/MISSING CHILDREN/MENTAL HEALTH*

American Academy of Child and Adolescent Psychiatry

(800)333-7636
8:30 a.m.–5 p.m.

Anxiety Disorders Information, NIMH

(888)826-9438
9 a.m.–5 p.m.

The ARC of the United States

(800)433-5255
8:30 a.m.–5:30 p.m. (Central)

National Alliance for the Mentally Ill

(800)950-6264

National Council on Problem Gambling

(800)522-4700

National Foundation for Depressive Illness

(800)248-4344 (Recording)
NAFDI@pipeline.com (E-mail)

National Gaucher Foundation

(800)925-8885

National Hopeline Network

(800)SUICIDE
24 hours

National Institute of Mental Health Information Line

(800)647-2642

National Mental Health Association

(800)969-6642
9 a.m.–5 p.m.

National Mental Health Services, Knowledge Exchange Network

(800)789-2647; (800)790-2647
8:30 a.m.–5 p.m.

MINORITY HEALTH

Office of Minority Health Resource Center

(800)444-6472
8:30 a.m.–5 p.m.

NUTRITION

American Dietetic Association's Consumer Nutrition Hotline

(800)366-1655
9 a.m.–4 p.m. (Central)
TDD available.

American Institute for Cancer Research

(800)843-8114
9 a.m.–5 p.m.

National Dairy Council

(800)426-8271
8 a.m.–5 p.m. (Central)

ORAL HEALTH

American Dental Association

(800)947-4746
7 a.m.–5 p.m. (Central)

ORGAN DONATION

See also *VISION and UROLOGICAL DISORDERS*

The Living Bank

(800)528-2971
7:30 a.m.–4:30 p.m. (Central)

National Marrow Donor Program®

(800)627-7692

United Network for Organ Sharing

(888)TXINFO1
24 hours

PARALYSIS AND SPINAL CORD INJURY

See also *STROKE*

Christopher Reeve Paralysis Association

(800)225-0292
9 a.m.–5 p.m.

National Rehabilitation Information Center

(800)346-2742 (Voice/TDD)
9 a.m.–5 p.m.

National Stroke Association

(800)787-6537
7 a.m.–4:30 p.m. (Mountain)

Paralyzed Veterans of America

(800)424-8200; (800)795-4327 (TDD)
8:30 a.m.–6 p.m.

PARKINSON'S DISEASE

American Parkinson's Disease Association

(800)223-2732
9 a.m.–5 p.m.
Leave recorded message after hours.

National Parkinson Foundation, Inc.

(800)327-4545
8:00 a.m.–5 p.m., Monday–Friday; recorded messages at all other times.

Parkinson's Disease Foundation

(800)457-6676
9 a.m.–5 p.m., Monday–Friday

PESTICIDES

See *CHEMICAL PRODUCTS/PESTICIDES*

PRACTITIONER REPORTING

USP Practitioners Reporting Network

(800)487-7776
(800)233-7767 (Medication error)
Recording operates 24 hours a day; staff available 9 a.m.–4:30 p.m., Monday–Friday.
Medication error telephone number records information 24 hours a day.

PREGNANCY/MISCARRIAGE

Bradley Method of Natural Childbirth

(800)422-4784
9 a.m.–5 p.m. (Pacific).
Leave recorded message after hours.

DES Action USA

(800)337-9288
10 a.m.–4 p.m. (Pacific)

International Childbirth Education Association

(800)624-4934 (Book Center orders)
8 a.m.–4:30 p.m. (Central)
Summers: 8 a.m.–1 p.m., Fridays

Lamaze International

(800)368-4404
lamaze@dc.sba.com (E-mail)
9 a.m.–5 p.m.

Liberty Godparent Home

(800)542-4453
8 a.m.–4:30 p.m.
24-hour hotline

National Abortion Federation

(800)772-9100
9 a.m.–7 p.m.

PROFESSIONALS

The Alliance for Aging Research

(800)639-2421
9 a.m.-5 p.m., 24-hour voice mail

Alopecia Areata Research Foundation

(800)941-4223

American Academy of Allergy, Asthma and Immunology

(800)822-2762 (Central)

American Academy of Ophthalmology

(800)222-3937
8 a.m.-4 p.m. (Pacific)

American Alliance for Health, Recreation, Physical Education, and Dance

(800)213-7193
8 a.m.-4:30 p.m.

American Association of Critical Care Nurses

(800)899-2226
7:30 a.m.-5:30 p.m. (Pacific)

American Council for the Blind

(800)424-8666
9 a.m.-5 p.m.

American Counseling Association

(800)347-6647
8 a.m.-6 p.m.

American Nurses Association

(800)274-4ANA
9 a.m. - 5 p.m.

American Occupational Therapy Association

(800)377-8555 (TDD)
(800)701-7735 (Fax-on-Request)

American School Food Service Association

(800)877-8822
8:30 a.m.-5:30 p.m.

Aplastic Anemia Foundation of America

(800)747-2820
9 a.m.-5 p.m.

Arthritis National Research Foundation

(800)588-2873
8:30 a.m.-5 p.m. (Pacific)

Association for Applied Psychophysiology and Biofeedback

(800)477-8892
8 a.m.-5 p.m. (Mountain)

Association of American Physicians and Surgeons

(800)635-1196
8 a.m.-6 p.m. (Mountain)

Association of Operating Room Nurses

(800)755-2676
8 a.m.-4:30 p.m. (Mountain)

Center for Substance Abuse Treatment, SAMHSA

(800)662-4357

College of American Pathologists

(800)323-4040
8:30 a.m.-5 p.m. (Central)

Dystonia Medical Research Foundation

(800)377-3978
9 a.m.-5 p.m. (Central)

Federal Emergency Management Agency

(800)879-6076
8 a.m.-4:30 p.m.

Federal Information Center, GSA

(800)688-9889
9 a.m.-8 p.m.

For Kids Sake, Inc.

(800)898-4543
9 a.m.-5 p.m. (Central)

Glaucoma Research Foundation

(800)826-6693
8:30 a.m.-4:30 p.m. (Pacific)

Immune Deficiency Foundation

(800)296-4433
9 a.m.-5 p.m.

International Childbirth Education Association

(800)624-4934
8:30 a.m.-4:30 p.m. (Central)

International Chiropractors Association

(800)423-4690
9 a.m.-5:30 p.m.

Leukemia Society Of America

(800)955-4572
9 a.m.-6 p.m.

Lighthouse National Center for Vision and Aging

(800)829-0500
8:30 a.m.-5 p.m.

Medical Institute for Sexual Health

(800)892-9484
8 a.m.-5:00 p.m. (Central)

National Center for Disability Services

(800)949-4232
8:30 a.m.-5 p.m.

National Child Care Information Center, ACF

(800)516-2242; (800)616-2242 (TTY)
8:30 a.m.-5:30 p.m.,
Wednesdays, 8:30 a.m.-8 p.m.

National Clearinghouse of Rehabilitation Training Materials

(800)223-5219
8 a.m.-5 p.m. (Central)

National Jewish Medical and Research Association

(800)552-5864
8 a.m.-5 p.m. (Mountain)

National Pediculosis Association

(800)446-4672
8:30 a.m.-4:30 p.m., 24-hour voice mail

National Prevention Information Network

(800)458-5231
9 a.m.-6 p.m.

National Resource Center on Domestic Violence

(800)537-2238; (800)553-2508 (TTY)
8 a.m.-5 p.m., 24-hour voice mail

National Sexually Transmitted Disease Hotline (CDC)

(800)227-8922
(800)344-7432 (Spanish)
24 hours

National Technical Information Service

(800)553-6847
8 a.m.-6 p.m.

NIOSH, CDC

(800)356-4674
8 a.m.-4 p.m.

Office of National Drug Control Policy

(800)666-3332
8:30 a.m.-5 :15 p.m.

Prevent Child Abuse America

(800)556-2722 (Recording)

Research to Prevent Blindness

(800)621-0026
9 a.m.-5 p.m.

RADIATION

National Association of Radiation Survivors

(800)798-5102
9 a.m.-5 p.m. (Pacific)

RARE DISORDERS*

**A rare disorder is defined as a disorder that affects less than 1 percent of the population at any given time.*

American Behcet's Disease Association

(800)723-4238
9 a.m.–5 p.m. (Pacific)

American Cleft Palate-Craniofacial Association/Cleft Palate Foundation

(800)242-5338
CLEFTLINE operates 24 hours.
Spanish-speaking operators available. 8:30 a.m.–4:30 p.m.

American Leprosy Missions (Hansen's Disease)

(800)543-3135
8 a.m.–5 p.m. Monday-Friday

American SIDS Institute

(800)232-7437; (800)847-7437 (in GA)
9 a.m.–5 p.m. Leave recorded message after hours (staff on call).

Amyotrophic Lateral Sclerosis Association (ALS, Lou Gehrig's Disease)

(800)782-4747
7:30 a.m.–4:30 p.m. (Pacific)
Leave a recorded message after hours.

Batten's Disease Support and Research Association

(800)448-4570
8 a.m.–5 p.m. 24-hour recording

Charcot-Marie-Tooth Association

(800)606-2682
8:30 a.m.–5 p.m.

Cooley's Anemia Foundation

(800)522-7222
9 a.m.–5 p.m.

Cornelia de Lange Syndrome Foundation, Inc.

(800)223-8355
(800)753-2357 (U.S. and Canada)
8 a.m.–5:00 p.m.
Leave a recorded message after hours.

Cystic Fibrosis Foundation

(800)344-4823
8:30 a.m.–5:30 p.m.

Epilepsy Foundation of America

(800)332-1000
(800)213-5821 (Publications)
9 a.m.–5:30 p.m. Monday-Thursday
9 a.m.–3 p.m. Friday

Epilepsy Information Service

(800)642-0500 (voice mail after hours)
8 a.m.–5 p.m.

Fibromyalgia Network

(800)853-2929
8 a.m.–4 p.m. (Mountain) Monday-Thursday

Histiocytosis Association

(800)548-2758
9 a.m.–4:30 p.m.
Voice mail after hours.

Huntington's Disease Society of America, Inc.

(800)345-4372
9 a.m.–5 p.m.

International Rett Syndrome Association

(800)818-7388
9 a.m.–5 p.m.

Les Turner Amyotrophic Lateral Sclerosis Foundation, Ltd.

(888)ALS-1107
8 a.m.–5 p.m. (Central)

Multiple Sclerosis Association of America

(800)532-7667
9 a.m.–5 p.m., Monday-Thursday

Multiple Sclerosis Foundation

(800)441-7055
9 a.m.–7 p.m.

Muscular Dystrophy Association

(800)572-1717
9 a.m.–5 p.m. (Mountain)

Myasthenia Gravis Foundation

(800)541-5454
8:45 a.m.–4:45 p.m. (Central)

National Down Syndrome Congress

(800)232-6372
9 a.m.–5:30 p.m. Recording after hours.

National Down Syndrome Society Hotline

(800)221-4602
9 a.m.–5 p.m.

National Hansen's Disease Programs

(800)642-2477
8 a.m.–4:30 p.m. (Central)

National Hemophilia Foundation

(888)463-6643
9 a.m.–5 p.m.
Summer: 9 a.m.–5:30 p.m. Monday-Thursday,
9 a.m.–3 p.m. Friday

National Lymphedema Network

(800)541-3259
9:30 a.m.–5:30 p.m. (Pacific)
Leave recorded message.

National Marfan Foundation

(800)862-7326
8 a.m.–4 p.m.

National Multiple Sclerosis Society

(800)344-4867
9 a.m.–5 p.m.

National Neurofibromatosis Foundation

(800)323-7938
9 a.m.–5 p.m.

National Organization for Albinism and Hypopigmentation

(800)473-2310 (voice mail only)

National Organization for Rare Disorders

(800)999-6673
9 a.m.–5 p.m.
Leave recorded message after hours.

National Reye's Syndrome Foundation

(800)233-7393
8 a.m.–5 p.m.
Leave recorded message after hours.

National Sjogren's Syndrome Association

(800)395-6772
9 a.m.–3 p.m.

National Spasmodic Torticollis Association

(800)487-8385
9 a.m.–5:30 p.m. (Pacific)

National Tuberous Sclerosis Association

(800)225-6872
8:30 a.m.–5 p.m.

Neurofibromatosis, Inc.

(800)942-6825, 24-hour message line

Office of Orphan Products Development, Food and Drug Administration

(800)300-7469
8 a.m.–4:30 p.m.

Osteogenesis Imperfecta Foundation

(800)981-2663
9 a.m.–5 p.m.

The Paget Foundation for Paget's Disease of Bone and Related Disorders

(800)237-2438
9 a.m.–5 p.m.

Prader-Willi Syndrome Association

(800)926-4797
9 a.m.–7 p.m..

Sickle Cell Disease Association of America, Inc.

(800)421-8453
8:30 a.m.–5 p.m. (Pacific)
Recording after hours.

SIDS Alliance

(800)221-7437
9 a.m.-5 p.m.

Sjogren's Syndrome Foundation, Inc.

(800)475-6473 (voice mail only)
9 a.m.-5 p.m.

Spina Bifida Association of America

(800)621-3141
9 a.m.-5 p.m.

Spondylitis Association of America

(800)777-8189
8 a.m.-5 p.m. (Pacific)
Leave recorded message after hours.

Sturge-Weber Foundation

(800)627-5482
9 a.m.-3 p.m.

Support Organization for Trisomy 18, 13 and Related Disorders

(800)716-7638
Leave recorded message.

Tourette Syndrome Association, Inc.

(800)237-0717
9 a.m.-5 p.m.

Treacher Collins Foundation

(800)823-2055

Turner's Syndrome Society of the United States

(800)365-9944
9 a.m.-5 p.m. (Central)

United Cerebral Palsy Association

(800)872-5827
8 a.m.-5:30 p.m.

United Leukodystrophy Foundation

(800)728-5483
8:30 a.m.-5 p.m., 7days (Central)

Wegener's Granulomatosis Support Group, Inc.

(800)277-9474
8:30 a.m.-5:00 p.m. (Central)

Wilson's Disease Association

(800)399-0266 (voice mail)

REHABILITATION

*See also DISABLING CONDITIONS and
PARALYSIS AND SPINAL CORD INJURY*

ABLEDATA

(800)227-0216
8:00 a.m. to 5:30 p.m., Monday-Friday

National Institute for Rehabilitation Engineering

(800)736-2216
9 a.m.-5 p.m.

Phoenix Society for Burn Survivors

(800)888-2876
9 a.m.-5 p.m.

United Ostomy Association

(800)826-0826
6:30 a.m.-4:30 p.m., Monday - Thursday
6:30 a.m.-3:30 p.m., Friday (Pacific)

RURAL

Rural Information Center Health Service (RICHS)

(800)633-7701
ric@nalusda.gov (E-mail)
8 a.m.-4:30 p.m., Monday-Friday

SAFETY

*See also CHEMICAL PRODUCTS/
PESTICIDES*

Clearinghouse for Occupational Safety and Health Information, National Institute for Occupational Safety and Health

(800)356-4674
9 a.m.-4 p.m.

The Danny Foundation

(800)83-DANNY
8 a.m.-5 p.m., (Pacific)

National Childwatch

(800)222-1464
7 a.m.-4:30 p.m.

National Highway Traffic Safety Administration Auto Safety Hotline

(800)424-9393 (Recording)
(800)424-9153 (TTY)
8 a.m.-10 p.m.

National Program for Playground Safety

(800)554-7529
8 a.m.-5 p.m., (Central)

National Safety Council

(800)621-7615
(800)767-7236 (National Radon Hotline)
8:30 a.m.-4:45 p.m.

Office of Navigation Safety and Waterway Services, U.S. Coast Guard Customer Infoline

(800)368-5647; (800)689-0816 (TDD/TTY)
8 a.m.-4 p.m.

Safe Sitter

(800)255-4089
8 a.m.-5:30 p.m.

U.S. Consumer Product Safety Commission Hotline

(800)638-2772; (800)638-8270 (TDD)
info@cpsc.gov
24-hour messages

SEXUAL EDUCATION

Planned Parenthood Federation of America, Inc.

(800)669-0156
(800)230-7526 (Recording)
9 a.m.-5 p.m.

SEXUALLY TRANSMITTED DISEASES

See also AIDS/HIV

Centers for Disease Control and Prevention National STD Hotline

(800)227-8922 (24 hours)

Herpes Resource Center

(800)230-6039
9 a.m.-3:30 p.m.

Skin Disease

Foundation for Ichthyosis and Related Skin Types, Inc.

(800)545-3286
9 a.m.-5 p.m.

National Psoriasis Foundation

(800)723-9166
8 a.m.-5 p.m. (Pacific)

SPINAL CORD INJURY

See PARALYSIS AND SPINAL CORD INJURY

SMOKING

Office on Smoking and Health

(800)232-1311 (Recording)

STROKE

*See also PARALYSIS AND SPINAL CORD
INJURY*

American Heart Association Stroke Connection

(800)553-6321
7:30 a.m.-7 p.m. (Central), Monday-Friday

National Institute of Neurological Disorders and Stroke

(800)352-9424
8:30 a.m.-5 p.m.

STUTTERING

National Center for Stuttering

(800)221-2483
10 a.m.-5 p.m.

Stuttering Foundation of America

(800)992-9392
8 a.m.-4 p.m. (Central)

SUBSTANCE ABUSE

See also *ALCOHOL ABUSE* and *DRUG ABUSE*

National Inhalant Prevention Coalition

(800)269-4237 (Recording)
8 a.m.-7 p.m. (Central)

SUDDEN INFANT DEATH SYNDROME

See *RARE DISORDERS*

SURGERY/FACIAL PLASTIC SURGERY

American Society for Dermatologic Surgery, Inc.

(800)441-2737 (Recording)
8:30 a.m.-5 p.m. (Central)

American Society of Plastic and Reconstructive Surgeons, Inc.

(800)635-0635
8 a.m.-5 p.m. (Central)
Leave recorded message after hours.

Facial Plastic Surgery Information Service

(800)332-3223
8:30 a.m.-5:30 p.m., Monday-Friday

TRAUMA

American Trauma Society (ATS)

(800)556-7890
8:30 a.m.-4:30 p.m.

UROLOGICAL DISORDERS

American Association of Kidney Patients

(800)749-2257
8:30 a.m.-5 p.m.

American Foundation for Urologic Disease

(800)242-2383 (Recording)

American Kidney Fund

(800)638-8299
9 a.m.-5 p.m.

Health Care Services

(800)622-9010
8:30 a.m.-5:30 p.m.

Incontinence Information Center

(800)843-4315; (800)543-9632
7:30 a.m.-5 p.m. (Central), or leave
recorded message after hours

National Association for Continence

(800)252-3337
8 a.m.-5 p.m.

Polycystic Kidney Research Foundation

(800)753-2873
8 a.m.-5 p.m. (Central)

The Simon Foundation for Continence

(800)237-4666 (24 hours)

VENEREAL DISEASES

See *SEXUALLY TRANSMITTED DISEASES*

VETERANS

National Veterans Services Fund

(800)521-0198
9 a.m.-4 p.m.

Persian Gulf Veterans Information Helpline

(800)749-8387
8 a.m.-4 p.m. (Central)

VISION

See also *LIBRARY SERVICES* and *HEARING AND SPEECH*

American Council of the Blind

(800)424-8666
hcrabb@ACCESS.DIGEX.NET (E-mail)
9 a.m.-5 p.m., Monday-Friday
2-5 p.m. (to reach a staff person)

Better Vision Institute

(800)424-8422
8:30 a.m.-5 p.m.

Blind Children's Center

(800)222-3566
(800)222-3567 (International calls)
ncrabb@acb.org (E-mail)
8 a.m.-4 p.m. (Pacific)

Braille Institute

(800)272-4553
8 a.m.-5 p.m. (Pacific)

The Foundation Fighting Blindness

(800)683-5555; (800)683-5551 (TDD)
8:30 a.m.-5 p.m.

Guide Dog Foundation for the Blind, Inc.

(800)548-4337
8 a.m.-5 p.m.

Guide Dogs for the Blind

(800)295-4050
8 a.m.-5 p.m. (Pacific)

The Lighthouse National Center for Education

(800)334-5497 (24-hour recording)

Louisiana Center for the Blind

(800)234-4166
8 a.m.-5 p.m. (Central)

National Alliance of Blind Students

(800)424-8666
9 a.m.-5 p.m.

National Association for Parents of the Visually Impaired

(800)562-6265 (Recording)
9 a.m.-5 p.m.

National Eye Care Project Helpline

(800)222-EYES (3937)
24 hours

National Eye Research Foundation

(800)621-2258
8:30 a.m.-5 p.m. (Central)
Leave recorded message after hours.

National Family Association for Deaf-Blind

(800)255-0411, ext. 275
8:45 a.m.-4:30 p.m.

National Information Clearinghouse on Children Who Are Deaf-Blind

(DB-Link)
(800)438-9376
(800)854-7013 (TTY)
8:30 a.m.-5 p.m.

Prevent Blindness Center for Sight

(800)331-2020
8:30 a.m.-5 p.m. (Central)

VIOLENCE

National Domestic Violence Hotline

(800)799-7233 (recording)
(800)787-3224 (TDD)

National Organization for Victim Assistance

(800)879-6682
24 hours

Rape, Abuse, and Incest National Network

(800)656-4673

WOMEN

Endometriosis Association

(800)992-3636 (Recording)

National Osteoporosis Foundation

(800)223-9994

24 hours

National Women's Health Information Center

(800)994-9662; (888)220-5446 (TDD)

9 a.m.-6 p.m.

PMS Access

(800)222-4767 (Recording)

7:30 a.m.-5:30 p.m. (Central)

Women's Health America Group

(800)558-7046 (Recording)

8:30 a.m.-5:30 p.m. (Central)

Women's Sports Foundation

(800)227-3988

9 a.m.-5 p.m.

For more health promotion and disease prevention information—

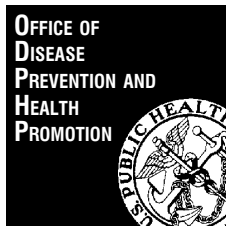
Search online for thousands of free Federal health documents using healthfinder® at <http://www.healthfinder.gov>

Write for the publication *Federal Health Information Centers and Clearinghouses*, National Health Information Center, P.O. Box 1133, Washington, DC 20013-1133, or call 800-336-4797.

For health promotion and disease prevention information in Spanish—

Search online at <http://www.healthfinder.gov/espanol>. To receive *Resources for Action* in Spanish, write to the National Health Information Center, P.O. Box 1133, Washington, DC 20013-1133, or call 800-336-4797.

For more information about Healthy People 2010, visit <http://www.health.gov/healthypeople/> or call 800-367-4725.



This publication is one of a series on a variety of health topics, prepared by the National Health Information Center (NHIC). NHIC is a service of the Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services.

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For a single copy of this publication, or a full listing of other publications available, please write to:

*NHIC, P.O. Box 1133
Washington, DC 20013-1133.*

NHIC also maintains a database of more than 1,100 health information resources and can help you locate information, publications, or programs. Inclusion of an information source in publications or the database does not imply endorsement by the U.S. Department of Health and Human Services.

TOLL-FREE NUMBERS FOR HEALTH INFORMATION • DIAL 1-800 (UNLESS 888 IS SPECIFIED)

ABLEDATA, 227-0216	American Council of the Blind, 424-8666	Amyotrophic Lateral Sclerosis Association, 782-4747
ACS, National Cancer Information Center, 227-2345 (Voice /TDD/TT)	American Council on Alcoholism, 527-5344	Anxiety Disorders Information, NIMH, (888)8-ANXIETY
ADA Technical Assistance Hotline, 466-4232	American Counseling Association, 347-6647	Aplastic Anemia Foundation of America, 747-2820
ADCARE Hospital Helpline, 252-6465	American Dental Association, 947-4746	ARC of the United States, The, 433-5255
Aerobics and Fitness Foundation of America, 968-7263 (Consumers); 446-2322 (Professionals)	American Diabetes Association, 232-3472, 232-6733 (Fax Order Fulfillment)	Arthritis Foundation Information Hotline, 283-7800
Agency for Healthcare Research and Quality Clearinghouse, 358-9295	American Dietetic Association's Consumer Nutrition Hotline, 366-1655	Arthritis National Research Foundation, 588-2873
AIDS Clinical Trials Information Service, 874-2572	American Foundation for Urologic Disease, 242-2383	Association for Applied Psychophysiology and Biofeedback, 477-8892
Air Lifeline, 446-1231	American Health Assistance Foundation, 437-2423	Association of American Physicians and Surgeons, 635-1196
Al-Anon Family Group Headquarters, 356-9996	American Heart Association, 242-8721	Association of Operating Room Nurses, 755-2676
Alcohol and Drug Helpline, 821-4357	American Heart Association Stroke Connection, 553-6321	Asthma and Allergy Foundation of America, 7-ASTHMA, 727-8462
Alliance for Aging Research, The, 639-2421	American Institute for Cancer Research, 843-8114	Asthma Information Line, 822-2762
Alliance of Genetic Support Groups, 336-4363	American Juvenile Arthritis Organization, 283-7800	A-WAY-OUT, 292-9688
Alopecia Areata Research Association, 941-4223	American Kidney Fund, 638-8299	Batten's Disease Support and Research Association, 448-4570
Alzheimer's Association, 272-3900	American Leprosy Missions (Hansen's Disease), 543-3135	Bethany Christian Services, 238-4269
Alzheimer's Disease Education and Referral Center, 438-4380	American Liver Foundation, 223-0179	Better Vision Institute, 424-8422
American Academy of Allergy, Asthma and Immunology, 822-2762	American Lung Association, 586-4872; 528-2971 (Living Bank)	Birth Defect Research for Children, 313-2232
American Academy of Child and Adolescent Psychiatry, 333-7636	American Nurses Association, 274-4ANA	Blind Children's Center, 222-3566
American Academy of Ophthalmology, 222- 3937	American Occupational Therapy Associa- tion, 377-8555 (TDD)	Bradley Method of Natural Childbirth, 422-4784
American Alliance for Health, Recreation, Physical Education, and Dance, 213-7193	American Osteopathic Association, 621-1773	Braille Institute, 272-4553
American Association of Critical Care Nurses, 899-2226	American Parkinson's Disease Association, 223-2732	Brain Injury Association, 444-6443
American Association of Diabetes Educators, 832-6874	American Podiatric Medical Association, Inc., 366-8227	Brain Tumor Society, The, 770-TBTS
American Association of Kidney Patients, 749-2257	American Running and Fitness Association, 776-2732	Calix Society, 398-0524
American Autoimmune Related Diseases Association, Inc., 598-4668	American School Food Service Association, 877-8822	Cancer Hope Network, (877)HOPENET
American Behcet's Disease Association, 723-4238	American SIDS Institute, 232-7437	Candlelighters Childhood Cancer Foundation, 366-2223
American Brain Tumor Association, 886-2282	American Society for Deaf Children, 942-2732	Captioned Media Program, National Association for the Deaf, The, 237-6213; 237-6819 (TTY)
American Chiropractic Association, 986-4636	American Society for Dermatologic Surgery, Inc., 441-2737	CDC Immunization Hotline, 232-7468
American Cleft Palate-Craniofacial Association/Cleft Palate Foundation, 242-5338	American Society of Plastic and Reconstructive Surgeons, Inc. 635-0635	CDC National HIV/AIDS Hotline, 342-2437 (English); 344-7432 (Spanish); 243-7889 (TDD)
American Council for Headache Education, 255-ACHE	American Speech-Language-Hearing Association, 638-8255	CDC National Prevention Information Network (NPIN), 458-5231; 243-7012 (TTY); (888)282-7681 (Fax)
	American Trauma Society, 556-7890	Center for Food Safety, (888)SAFEFOOD
	Americans with Disabilities Act Hotline, 514-0301; 514-0383 (TTY)	Center for Substance Abuse Treatment, SAMHSA, 662-4357
		Centers for Disease Control National STD Hotline, 227-8922

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TOLL-FREE NUMBERS
FOR HEALTH INFORMATION
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Charcot-Marie-Tooth Association,
606-2682

Chemtrec Non-Emergency Services
Hotline, 262-8200

Child Find of America, Inc., 426-5678;
292-9688

CHILDHHELP USA®
Child Abuse Hotline, 4-A-CHILD;
2-A-CHILD (TDD)

Children and Adults with Attention Deficit
Disorder, 233-4050

Children of Alcoholics Foundation,
359-COAF

Children's Craniofacial Association,
535-3643

Children's Hospice International,
242-4453

Christopher Reeve Paralysis Association,
225-0292

Clearinghouse for Occupational Safety and
Health Information, National Institute
for Occupational Safety and Health,
356-4674

College of American Pathologists, 323-4040

Consumer Fitness Hotline, 529-8227

Cooley's Anemia Foundation,
522-7222

Cornelia de Lange Syndrome
Foundation, 223-8355; 753-2357

Covenant House Ninline, 999-9999

Crohn's and Colitis Foundation of America,
Inc., 932-2423

Cystic Fibrosis Foundation, 344-4823

Danny Foundation, The, 83-DANNY

DB-Link, 438-9376; 854-7013 (TTY)

Deafness Research Foundation, 535-3323

DES Action USA, DES-9288

DHHS Inspector General's Hotline,
447-8477

Dial A Hearing Screening Test,
222-3277 (Voice/TDD)

Drug Help, 378-4435

Dystonia Medical Research Foundation,
377-3978

Ear Foundation at Baptist Hospital, The,
545-4327

Eldercare Locator, 677-1116

Endometriosis Association, 992-3636

Epilepsy Foundation of America,
332-1000; 213-5821 (Publications)

Epilepsy Information Service, 642-0500

FACES: The National Craniofacial
Association, 332-2373

Facial Plastic Surgery Information Service,
332-3223

Families of Spinal Muscular Atrophy,
886-1762

Federal Emergency Management Agency,
879-6076

Federal Information Center, GSA,
688-9889

Fibromyalgia Network, 853-2929

Food Allergy Network, The, 929-4040

For Kids Sake, Inc., 898-4543

Foundation Fighting Blindness, The,
683-5555; 683-5551 (TDD)

Foundation for Ichthyosis and Related Skin
Types, Inc., 545-3286

Girls and Boys Town National Hotline,
448-3000; 448-1833 (TDD)

Glaucoma Research Foundation, 826-6693

Guide Dog Foundation for the Blind, Inc.,
548-4337

Guide Dogs for the Blind, 295-4050

Health Care Services, 622-9010

Health Insurance Association of America
Consumer Hotline, 942-4242

Hear Now, 648-4327 (Voice/TDD)

Heart Information Service, 292-2221

Hepatitis Foundation International,
891-0707

Herpes Resource Center, 230-6039

Hill-Burton Hospital Free Care,
638-0742; 492-0359 (in MD)

Histiocytosis Association, 548-2758

HIV/AIDS Treatment Information Service,
448-0440

Housing and Urban Development
Drug Information and Strategy
Clearinghouse, 955-2232

Housing and Urban Development User,
245-2691; 483-2209 (TDD)

Human Growth Foundation, 451-6434

Huntington's Disease Society of America,
345-4372

Immune Deficiency Foundation, 296-4433

Impotence Information Center,
843-4315; 543-9632

Incontinence Information Center,
843-4315; 543-9632

Indoor Air Quality Information
Clearinghouse, 438-4318

International Childbirth Education
Association, 624-4934 (orders only)

International Chiropractors Association,
423-4690

International Hearing Society, 521-5247

International Rett Syndrome Association,
818-7388

Job Accommodation Network,
232-9675 (Voice/TDD); 526-7234
(Voice/TDD); 526-2262 (in Canada)

John Tracy Clinic, 522-4582 (Voice/TTY)

Joseph and Rose Kennedy Institute of
Ethics, 633-3849

Juvenile Diabetes Foundation International
Hotline, 223-1138

Kidney Cancer Association, 850-9132

Komen Breast Cancer Foundation, 462-
9273

La Leche League International, 525-3243

Lamaze International, 368-4404

LEAD LINE, 352-8888

Les Turner Amyotrophic Lateral Sclerosis
Foundation, Ltd., (888)ALS-1107

Leukemia Society of America, 955-4572

Liberty Godparent Home, 542-4453

Lighthouse National Center for Education,
The, 334-5497

Lighthouse National Center for Vision and
Aging, 829-0500

Living Bank, The, 528-2971

Louisiana Center for the Blind, 234-4166

Lung Line National Jewish Medical and
Research Center, 222-5864;
552-5864 (LUNG FACTS)

Lupus Foundation of America,
558-0121 (English); 558-0231
(Spanish)

Lyme Disease Foundation, Inc.,
886-5963

Kidney Cancer Association, 850-9132

MAGIC Foundation for Children's Growth,
The, 3-MAGIC-3

Medical Institute for Sexual Health,
892-9484

MedicAlert Foundation, 432-5378;
344-3226

Medicare Issues Hotline, 638-6833;
820-1202 (TDD/TTY)

Mercy Medical Airlift, 296-1191

Multiple Sclerosis Association of America,
LEARN-MS

Multiple Sclerosis Foundation,
441-7055

Muscular Dystrophy Association,
572-1717

Myasthenia Gravis Foundation,
541-5454

National Abortion Federation, 772-9100

National Adoption Center, 862-3678

National Alliance for the Mentally Ill,
950-6264

National Alliance of Blind Students,
424-8666

National Alliance of Breast Cancer
Organizations, (888)806-2226

National Association for Continence,
252-3337

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TOLL-FREE NUMBERS
FOR HEALTH INFORMATION
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National Association for Parents of the Visually Impaired, 562-6265	National Fire Protection Association, 344-3555	272-4787
National Association for the Education of Young Children, 424-2460	National Foundation for Depressive Illness, 248-4344	National Library Service for the Blind and Physically Handicapped, 424-8567
National Association of Hospitality Houses, Inc., 542-9730	National Fragile X Foundation, 688-8765	National Life Center/Pregnancy Hotline, 848-5683
National Association of Radiation Survivors, 798-5102	National Gaucher Foundation, 925-8885	National Lymphedema Network, 541-3259
National Bone Marrow Transplant Link, LINK-BMT	National Hansen's Disease Programs, 642-2477	National Marfan Foundation, 8-MARFAN
National Brain Tumor Foundation, 934-CURE	National Headache Foundation, (888)NHF-5552	National Marrow Donor Program®, MARROW-2
National Cancer Institute Information Service, 422-6237	National Health Information Center, 336-4797	National Mental Health Association, 969-6642
National Center for Chronic Disease Prevention and Health Promotion, (877)CDC-DIAB; (877)232-3422	National Health Service Corps, 221-9393 (Recruitment/Loans); 638-0824 (Medical Scholarship Programs)	National Mental Health Services, Knowledge Exchange Network, 789-2647; 790-2647
National Center for Complementary and Alternative Medicine Clearinghouse, (888)644-6226 (Voice and TTY); (800)531-1794 (Fax-back)	National Heart, Lung, and Blood Institute's Information Center, 575-WELL (High Blood Pressure and Cholesterol Information Hotline)	National Multiple Sclerosis Society, 344-4867
National Center for Disability Services, 949-4232	National Hemophilia Foundation, (888)INFO-NHF	National Neurofibromatosis Foundation, 323-7938
National Center for Missing and Exploited Children, 843-5678; 826-7653 (TDD)	National Highway Traffic Safety Administration Auto Safety Hotline, 424-9393; 424-9153 (TTY)	National Organization for Albinism and Hypopigmentation; 473-2310
National Center for Stuttering, 221-2483	National Hopeline Network, 784-2433	National Organization for Rare Disorders, 999-6673
National Child Care Information Center, 516-2242	National Hospice Organization, 658-8898	National Organization for Victim Assistance, TRY-NOVA
National Childwatch, 222-1464	National Information Center for Children and Youth With Disabilities, 695-0285 (Voice/TT)	National Organization on Fetal Alcohol Syndrome, 66-NOFAS
National Clearinghouse for Alcohol and Drug Information, 729-6686; 487-4889 (TTY/TDD)	National Information Clearinghouse on Children Who Are Deaf-Blind, 438-9367; 854-7013 (TTY)	National Parents Resource Institute for Drug Education Surveys, 279-6361; 853-7867 (Taped Drug Information)
National Clearinghouse of Rehabilitation Training Materials, 223-5219	National Inhalant Prevention Coalition, 269-4237	National Parkinson Foundation, Inc., 327-4545
National Clearinghouse on Child Abuse and Neglect Information, 394-3366	National Institute for Rehabilitation Engineering, 736-2216	National Pediculosis Association, 446-4672
National Council on Alcoholism and Drug Dependence, Inc., 622-2255	National Institute of Mental Health Information Line, 647-2642	National Pesticide Telecommunications Network, 858-7378
National Council on Problem Gambling, 522-4700	National Institute of Neurological Disorders and Stroke, 352-9424	National Prevention Information Network, 458-5231
National Criminal Justice Reference Service, 851-3420	National Institute on Aging Information Center, 222-2225; 222-4225 (TTY)	National Program for Playground Safety, 554-PLAY
National Dairy Council, 426-8271; 974-6455 (Fax)	National Institute on Deafness and Other Communication Disorders Information Clearinghouse, 241-1044; 241-1055 (TT)	National Psoriasis Foundation, 723-9166
National Domestic Violence Hotline, 787-3224 (TDD); 799-SAFE	National Insurance Consumer Helpline, 942-4242	National Rehabilitation Information Center, 346-2742 (Voice/TDD)
National Down Syndrome Congress, 232-6372	National Jewish Medical and Research Association, 552-5864	National Resource Center on Domestic Violence, 537-2238
National Down Syndrome Society Hotline, 221-4602	National Lead Information Hotline, LEAD-FYI (Hotline); 424-LEAD (Clearinghouse); 526-5456 (TDD)	National Resource Center on Homelessness and Mental Illness, 444-7415
National Easter Seal Society, 221-6827	National Leigh's Disease Foundation, 819-2551	National Reye's Syndrome Foundation, 233-7393
National Eye Care Project Helpline, 222-3937	National Lekotek Center, 366-PLAY; 573-4446 (Voice and TTY)	National Runaway Switchboard, 621-4000; 621-0394 (TDD)
National Eye Research Foundation, 621-2258	National Library of Medicine,	National Safety Council, 621-7615
National Family Association for Deaf-Blind, 255-0411, ext. 275		National Sexually Transmitted Disease Hotline (CDC) 227-8922
		National Sjogren's Syndrome

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TOLL-FREE NUMBERS
FOR HEALTH INFORMATION
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Association, 395-6772
National Spasmodic Torticollis Association, 487-8385
National Spinal Cord Injury Association, 962-9629
National Stroke Association, STROKES
National Technical Information Service, 553-6847
National Tuberous Sclerosis Association, 225-6872
National Veterans Services Fund, 521-0198
National Women's Health Information Center, 994-9662
National Youth Crisis Hotline, 448-4663
Neurofibromatosis, Inc., 942-6825
NIH Information Line, 421-4211
Office for Civil Rights, 368-1019; 527-7697 (TDD)
Office of Consumer Affairs, FDA, 332-1088 (Medwatch); 532-4440 (Consumer Inquiries)
Office of Minority Health Resource Center, 444-6472
Office of National Drug Control Policy, 666-3332
Office of Navigation Safety and Waterway Services, U.S. Coast Guard Customer InfoLine, 368-5647, 689-0816 (TDD/TT)
Office of Orphan Products Development, Food and Drug Administration, 300-7469
Office on Smoking and Health, CDC-1311
Orton Dyslexia Society, The, 222-3123
Osteogenesis Imperfecta Foundation, 981-BONE
Osteoporosis and Related Bone Diseases National Resource Center, 624-BONE
Paget Foundation for Paget's Disease of Bone and Related Disorders, 237-2438
Paralyzed Veterans of America, 424-8200; 416-7622 (TDD)
Parkinson's Disease Foundation, 457-6676
Pediatric Projects, Inc., 947-0947
Pension Benefit Guaranty Corporation, 400-PBGC
People's Medical Society, 624-8773
Persian Gulf Veterans Information Helpline, PGW-VETS
Phoenix Society for Burn Survivors,

888-2876
Planned Parenthood Federation of America, 230-7526; 669-0156
PMS Access, 222-4767
Polycystic Kidney Research Foundation, 753-2873
Prader-Willi Syndrome Association, 926-4797
Prenatal Care Hotline, 311-BABY
Prevent Blindness Center for Sight, 331-2020
Prevent Child Abuse America, 556-2722
Project Inform HIV/AIDS Treatment Hotline, 822-7422
Rape, Abuse, and Incest National Network, 656-4673
Reach to Recovery Program, 227-2345
Recording for the Blind and Dyslexic, 221-4792
Research to Prevent Blindness, 621-0026
Rural Information Center Health Service, 633-7701
Safe Drinking Water Hotline, 426-4791
Safe Sitter, 255-4089
Scleroderma Foundation, 722-4673
Scoliosis Association, 800-0669
Shriners Hospital Referral Line, 237-5055
Sickle Cell Disease Association of America, Inc., 421-8453
SIDS Alliance, 221-7437
SIDS Information Line, 505-2742
Simon Foundation for Continence, The, 237-4666
Sjogren's Syndrome Foundation, Inc., 475-6473
Social Security Administration, 772-1213
Spina Bifida Association of America, 621-3141
Spondylitis Association of America, 777-8189
Starlight Children's Foundation, 274-7827
Sturge-Weber Foundation, 627-5482
Stuttering Foundation of America, 992-9392
Support Organization for Trisomy 18, 13 and Related Disorders, 716-SOFT
Susan G. Komen Breast Cancer Foundation, 462-9273
Thyroid Foundation of America, Inc.,

832-8321
Thyroid Society for Education and Research, The, THYROID
TOPS Club, Inc., 932-8677
Tourette Syndrome Association, Inc., 237-0717
Treacher Collins Foundation, TCF-2055
Turner's Syndrome Society of the United States, (800)365-9944
United Cerebral Palsy Association, 872-5827
United Leukodystrophy Foundation, 728-5483
United Network for Organ Sharing, (888)TXINFO1
United Ostomy Association, 826-0826
U.S. Consumer Product Safety Commission Hotline, 638-2772; 638-8270 (TDD)
U.S. Environmental Protection Agency, 962-6215
Us Too International, 808-7866
USP Practitioners Reporting Network, 487-7776; 233-7767 (Medication Error)
Vestibular Disorders Association, 837-8428
Vietnam Veterans Agent Orange Victims, 521-0198
Water Quality Association, 749-0234 (Consumer Information)
Wegener's Granulomatosis Support Group, Inc., 277-9474
Weight Control Information Network, NIDDK, The, WIN-8098
Well Spouse Foundation, 838-0879
Wilson's Disease Association, 399-0266
Women's Health America Group, 558-7046
Women's Sports Foundation, 227-3988
YMCA of the USA, 872-9622
Y-ME National Organization for Breast Cancer Information Support Program, 221-2141 (English), 986-9505 (Spanish)
Zero to Three: National Center for Infants, Toddlers and Families, 899-4301